

Diabetes Brown Bag Telehealth Lunch Series



3rd Wednesday
of each Month
Noon – 1:00 p.m.

Schedule of Events

July 20, 2005 - Diet and Weight Loss

By: Eileen DeLeeuw, RD, CDE and Becky Crowther, RD, Certificate in weight management from the American Dietetic Association

Eileen and Becky will discuss how meal plans and medications can affect weight. They will address behavior changes and eating habits to achieve weight loss. They will also introduce physiological and psychological eating cues and how to increase energy expenditure throughout the day.

CEU's offered for nursing and dietetics for all programs.

August 17, 2005 – Physiology of Exercise and Diabetes, By Donna Wahoff-Stice, FNP, Utah Diabetes Center

Metabolic Syndrome/Syndrome X - In-Patient Use of Insulin - Depression & Stress with Diabetes - Driving Issues / Commercial Drivers License & Diabetes

Please use attached reservation form.
Register by July 15th for July's program

Utah Diabetes Prevention & Control Program
Utah Department of Health
P.O. Box 142107
Salt Lake City UT 84114-2107

List of Utah Telehealth Sites:
<http://www.utahtelehealth.net/utn.pdf>

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Contact Betsi Patino to schedule telehealth-
video or telephone links

****For technical assistance on the day of the conference, call Pat Bryner 801-585-2426****
<http://health.utah.gov/diabetes>